



Public Playlist

Self fulfilling prophecy

music 2 hate urself to



seidy • 17 songs, 59 min 22 sec

Track Name	Artist Name(s)	Added At
Far	The Soft Moon	2023-07-23T12:37:49Z
Virgin Veins	Coma Cinema	2023-07-23T12:37:57Z
Pill (Bonus Track)	Melaina Kol	2023-07-23T13:05:05Z
Self Fulfilling Prophecy	Pretty Sick	2023-08-23T21:29:56Z
Creep a Little Closer	Disheveled Cuss	2023-08-30T21:39:30Z
Isolation	Cherry Glazerr	2023-09-07T23:06:22Z
get high, breathe underwater (#3)	Teen Suicide	2023-09-07T23:13:45Z
Better Someday	P.H.F.	2023-12-27T03:49:26Z
Unwell	Surf Curse	2023-12-27T04:03:54Z
I Haven't Gotten Around to Telling You	Scruffpuppie	2024-01-11T22:29:09Z
EAT	Poppy	2024-01-11T22:34:16Z
The Lonely One	Wipers	2024-01-11T22:38:27Z
Stoned Alone	Coma Cinema	2024-01-11T22:45:03Z
Rich (Homeless)	Thanksgiving	2024-01-11T22:45:17Z
A.C.D. (Abcessive Compulsive Disorder)	Nothing	2024-05-21T02:31:45Z
Millstone	Brand New	2024-12-12T22:16:38Z
Damaged Goods	Days N Daze	2024-12-12T22:23:05Z

I started this playlist in July 2023. The last song was added in December 2024.

I grew up with a lot of self-hatred. I was deeply anxious and insecure.

Looking back, I don't think I was a bad person, just someone living in constant fear. That fear shaped how I saw myself, and eventually turned into self-loathing. It's hard to explain, but I know it's related to trauma.

I felt very alone and unwell when I made this playlist, and listening to it still brings me back to that place.

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Fav song :

Virgin Veins.

It really captures the feeling and explains it better than I can.